



*are*

**GOAL**  
getters

*I'm choosing to invest in myself because I am worthy  
of being the best God-designed version of me!*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

What have I accomplished since our last call (my wins or my victories)?

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What feelings, breakthroughs, insights or shifts have I experienced since our last session?

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What is my biggest personal or professional concern right now?

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What action am I ready to take now?

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What would I like to gain as a result of our coaching call?

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